

## Matthew P. White, MD, MS

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### EDUCATION:

- 2008 – present      **Postdoctoral Fellow, Stanford University Department of Psychiatry**  
National Institute of Mental Health T-32 Fellowship. Focus on OCD and  
Impulse Control Disorders with emphasis on functional MRI.
- 2005 – 2008      **Stanford University**  
Psychiatry Residency
- 1998 - 2001      **University of California, San Francisco**  
Internal Medicine, Primary Care Residency Program
- 1996 - 1998      **University of California, San Francisco, School of Medicine**  
M.D.
- 1993 - 1996      **U.C. Berkeley Joint Medical Program, Berkeley, CA**  
M.S. in Health and Medical Sciences  
Master's Thesis: "Colon Cancer Narratives: Voices of Experience"
- 1992 - 1993      **American College of Traditional Chinese Medicine, San Francisco, CA**
- 1991 - 1992      **Columbia University, New York, NY**  
Post baccalaureate premedical program
- 1985 - 1989      **Stanford University, Stanford, CA**  
B.A. in Human Biology  
Honors Thesis in Humanities: "Fishing the Void: Zen in Work of Richard  
Brautigan"

### LICENSES AND BOARD CERTIFICATIONS:

License: California #A71577

Board Certification: Internal Medicine  
Psychiatry eligible 2008

### PROFESSIONAL ACTIVITIES:

- 2001 – 2005      **Hospitalist, Alta Bates and Summit Medical Centers.** Hospitalist for Avant  
Inpatient Services. Coordinated and provided inpatient medical care for an  
average of 15 patients per day.
- 2001      **Lecturer, UCSF Primary Care Grand Rounds,** Department of General  
Internal Medicine. Topic: Update on HIV Vaccine
- 2000      **Co-founder, Literature in Medicine Group, UCSF**  
Co-organized a monthly group to discuss published and original works of  
fiction.
- 2000      **Founder, HIV Continuity Clinic at Mission Neighborhood Health,** San  
Francisco Department of Public Health / UCSF

Originated a new resident continuity clinic at a site catering to uninsured patients, supervised by Dr. Edward Machtinger (415) 476-4624.

1995 - 1996

**Delegate to American Medical Association**

Worked to develop AMA policy at meetings in Chicago, Washington D.C. (Alternate Delegate 1994 - 1995)

1995 - 1996

**Delegate to California Medical Association**

Worked to develop CMA policy in quarterly meetings with Committee of Medical Student Representatives. (Alternate Delegate 1994 - 1995)

1994 - 1996

**Medication Coordinator and Volunteer, Homeless Clinic**

Redesigned clinic formulary and secured donated medications. Also volunteered in clinic two evenings per month. U.C. Berkeley, Department of Health and Medical Science - student run clinic.

1995

**Intern, United States Pharmacopoeia, United States Pharmacopoeia, Rockville, MD.** Worked on medication error reporting, created pocket reference for reducing prescription errors, wrote press releases - Faye Pannell, Supervisor (800) 822-8772.

1995

**Recipient, AMA Policy Promotion Grant** for Domestic Violence Workshop

**TEACHING / RESEARCH:**

2007

**Research:**

Functional MRI before and after treatment for depression (ongoing)  
Under Dr. Michael Greicius, Assistant Professor of Neurology, Stanford University

Functional MRI of OCD before and after treatment with dextroamphetamine (ongoing)  
Supervised by Dr. Michael Greicius, Assistant Professor of Neurology, Stanford University and Dr Lorrin Koran, Director OCD Clinic, Stanford University.

Functional Imaging of Hypnosis (ongoing)  
Supervised by Dr. David Spiegel, Professor of Psychiatry and Dr. Michael Greicius, Assistant Professor of Neurology, Stanford University

Resting state fMRI in Obsessive-Compulsive Disorder (ongoing)  
Supervised by Dr. Alan Schatzberg, Chairman of Department of Psychiatry, Stanford University and Dr. Michael Greicius, Assistant Professor of Neurology, Stanford University

Resting state fMRI in Trichotillomania (ongoing)  
Supervised by Dr. Alan Schatzberg, Chairman of Department of Psychiatry, Stanford University and Dr. Michael Greicius, Assistant Professor of Neurology, Stanford University

Open label trial of aripiprazole in Trichotillomania. Supervised by Dr. Lorrin Koran, Director OCD Clinic, Stanford University.

- 1995                   **Graduate Student Assistant, Pharmacology**  
Helped compile a syllabus and designed course & instructor evaluation forms.  
U.C. Berkeley, Department of Health and Medical Sciences - Dr. Barbara  
Weiss, Instructor (510) 642-5671.
- 1993                   **MCAT / GMAT Test Preparation Instructor**, Stanley H. Kaplan.  
Taught test preparation courses for MCAT, GMAT, GRE.  
Stanley H. Kaplan Test Center, Palo Alto California (650) 327-0841.
- 1990 - 1991           **Research Assistant in Child Psychiatry, National Institute of Mental  
Health** Collected and analyzed clinical and laboratory data for clinical drug  
trial for schizophrenia. National Institute of Mental Health, Bethesda, MD, -  
Dr. C.T. Gordon, Principal Investigator (301) 496-6081.
- 1988 - 1990           **Software Engineer, Stanford University Medical Center**  
Programmer for pharmacy-based medication monitoring system, Dept. of  
Clinical Pharmacology, Stanford University Medical Center, Stanford,  
California - Dr. Terry Blaschke, Principal Investigator (650) 725-4632
- 1988                   **Research Assistant, Universitäts Krankenhaus Eppendorf** (Hamburg,  
Germany) Assisted clinical trials of analgesic medications and performed  
statistical analysis of data.
- 1986 - 1987           **Teaching Assistant, Computer Science, Stanford University**  
Taught a weekly section, graded homework and exams.  
Computer Science Department, Stanford University - Stuart Regis, Course  
Director (650) 725-1430

#### **PROFESSIONAL ORGANIZATIONS:**

- 2006 – present       Northern California Psychiatry Society
- 2006 – present       American Psychiatric Association
- 2001 – 2005           Medical Staff, Alta Bates Medical Center, Berkeley CA
- 2003 – 2005           Medical Staff, Summit Medical Center, Oakland CA
- 2000 – present       American College of Physicians
- 1993 – 1998           American Medical Association
- 1993 – 1996           American Medical Students Association

#### **PUBLICATIONS:**

- 1) White MP, Medication Dosing in Anxiety Disorders: What the Evidence Shows, *Primary Psychiatry*. 2009;16(10):21-28
- 2) Spiegel D, White MP, Waelde L, *Hypnosis, Mindfulness Meditation, and Brain Imaging*, Chapter in *Hypnosis and Hypnotherapy*. Barrett, D., Editor. Praeger: Perspectives on Brain, Behavior, and Evolution Series of Greenwood Publishers, Westport, CT. (In Press)